

Top Higher Education Institutions (Dollars and Jobs)

A report by **NAFSA: Association of International Educators**, confirms Kirkwood is still the 7th highest enrolling higher education institution for international student enrollment (F-1/J-1) in the state and #1 in the community college sector in Iowa. Although our overall international student enrollment has declined on par with the national trend, we are still at the top of the Iowa list.

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| 1. University of Iowa
\$138.6 million supporting 1,504 jobs | 6. Drake University
\$8.7 million supporting 99 jobs |
| 2. Iowa State University
\$124 million supporting 1,326 jobs | 7. Kirkwood Community College
\$7.4 million supporting 34 jobs |
| 3. Maharishi University of Management
\$39.2 million supporting 189 jobs | 8. Luther College
\$6.7 million supporting 33 jobs |
| 4. Grinnell College
\$16.2 million supporting 79 jobs | 9. University of Dubuque
\$6.5 million supporting 31 jobs |
| 5. University of Northern Iowa
\$14.5 million supporting 69 jobs | 10. St. Ambrose University
\$6.4 million supporting 31 jobs |



International students studying at U.S. colleges and universities contribute **\$41.0 billion** and support **458,290 jobs** to the U.S. economy.* **For every seven international students, three U.S. jobs are created** and supported by spending occurring in the higher education, accommodation, dining, retail, transportation, telecommunications and health insurance sectors.

New International Student Spring Orientations

On January 7th, 8th and 9th, International Programs held the 2020 spring orientations for new incoming international students in Cedar Rapids and Iowa City. We welcomed 29 new F-1 visa students from 13 countries. The orientations provide many great resources for the new students to help them navigate their way through Kirkwood successfully.

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Spring Break - March. 15th – 21st

Spring break is just around the corner! There will be no classes from March 15th through the 21st.

Please Note: F1 Visa students if you are travelling outside of the US, **remember to have your I-20 signed prior to your departure.**

International Programs Calendar of Events

- ▶ **Feb 1st – Global Spotlight ⇨ Italy**
- ▶ **Feb 4th – Bingo ⇨** 11:15 - 12:15pm, Join us in the Linn Hall lobby for some Bingo fun and great prizes!
- ▶ **Feb 11th – Lunch & Learn ⇨** 11:15 - 12:15pm, Iowa City campus, commons area. Bring your lunch and join us to learn about Lebanon.
- ▶ **Feb 13th – Lunch & Learn ⇨** 11:15 - 12:15pm, Cedar Hall 3059. Bring your lunch and join us to learn about Italy.
- ▶ **Feb 15th – Old Capital Tour & Ice Skating at Coral Ridge Mall ⇨** Departing Kirkwood Courts Apartments, Building 105 at 9:15. Cost is \$8 and RSVP by February 11 to attend.
- ▶ **Feb 18th – Bingo ⇨** 11:15 - 12:15pm, Join us in the Linn Hall lobby for some Bingo fun and great prizes!
- ▶ **Feb 21st – Dance Marathon ⇨** Starting at 6:00pm, at the Kirkwood Rec Center on the Main Campus. Come and join the fun! Find out more at www.kirkwood.edu/dancemarathon. at 6:15pm.

Kirkwood TCCSP Students visit Washington DC



In mid January, three Kirkwood Tunisian students and their advisor Shannon Ingleby traveled to Washington D.C. for their Mid-Program Workshop. They are part of the Tunisia Community College Scholarship Program which is sponsored by the State Department.

CCI Students Participate in Midyear PSP in D.C.



During the second week in January, Kirkwood's Community College Initiative students attended the midyear Pathways to Success Program in Washington D.C. Students were challenged to use their leadership skills to act as difference-makers in their countries.

Global Spotlight

Join us on February 11th for Kirkwood's International Programs "Lunch & learn" presentation, featuring the country of Lebanon. The presentation will be on the Iowa City campus from 11:15 - 12:15pm, in the commons area. Students will showcase their country and its culture.

The Cedar Rapids campus "Lunch & Learn" presentation will be on February 13th from 11:15am – 12:15pm, in Cedar Hall 3059. And will feature the country of Italy.

All are welcome.

F1 Student Features

- Welcome to the Spring 2020 semester! You should be enrolled full-time — for exceptions, stop by the International Programs office.
- Graduating in May and planning to apply for OPT work authorization? Set up an appointment with Shannon to go over the application starting February 13th
- Be aware of scams that may be directed at international students. For more info, visit <http://www.kirkwood.edu/site/index.php?p=39210>.
- If your first impression of a class is, "this is tough!" reach out to the Tutoring Center now! <https://www.kirkwood.edu/tutoring> Tutors are provided to Kirkwood students for free for up to two classes per semester

Fending off the Winter Blues



Is winter's cold bringing you down? In fact, some people may experience a form of mild depression known as "winter blues." Winter blues, also known as Seasonal Affective Disorder (SAD), can trigger anxiety, sadness, fatigue, overeating, and loss of motivation and poor concentration.

If you think you may be experiencing SAD, visit our counseling center at 2092 Cedar Hall to talk to one of our counselors who are trained to help in this area.

Or you can go to the following website for helpful advice on ways to cope: www.betterhelp.com/

**Nepal, Culture, Adventure
and Service-Learning**

Over winter break 10 Kirkwood students explored the culture and landscape of Nepal while completing a service-learning project at a local village. The program was led by Jeff Sherman (Sociology) and included Global Service Award winner David Keller. They took part in cultural excursions in the Bouddhanath, Pashupatinath &

Patan city, as well as, two major highlights: a scenic flight around Mount Everest and rafting on the Trisuli River. Kirkwood would like to thank our partner in Nepal, Sacred Summits for arranging an outstanding itinerary!

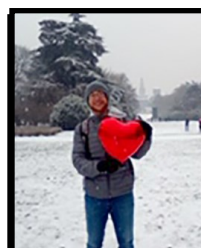
**Guatemala, Sustainable
Service Learning & Culture**

A group of nine Kirkwood students and faculty leader, Lisa Hebl (Allied Health) built two homes for families outside of Antigua, Guatemala during winter break. Professor Hebl has led hundreds of students to Guatemala over the past 13 years and built over 30 homes for families in need. The group

partners with non-profit ImaginGuatemala which helps organize the service-projects and cultural excursions such as Lake Antigua and hiking Pacaya Volcano. Kirkwood is proud of all students and employees who devoted part of their winter break to international service learning!

**Alumni Spotlight****International Student
Alumni of the Month**

Cesar Tox is this month's International Student Alum. Cesar is from Guatemala and attended Kirkwood as part of the SEED program from 2009-2011. He studied Agriculture Production and since returning home he has become very involved in NGO's and community volunteer work. He started with Medical Teams International as a Coordinator of International Volunteers. This involved taking groups of people from the US to rural communities and translating to them from a Mayan (Q'eqchi') Language to English. Five years later he moved to another Nonprofit organization called Pencils of Promise, <https://pencilsofpromise.org/> as a Development Assistant to build schools and programs to create access to quality education for Pre & Primary students in rural communities. Cesar remembers his time at Kirkwood as being invaluable for learning English and for meeting people around the world who he stays in touch with to this day.

**Study Abroad
Alumni of the Month**

Nathan Peterson is from Iowa City, IA. He was a student on the 2016 Layers of Rome Study Abroad Program, of which he said it opened his eyes. "Italy was a dream that I never thought I would be able to see in person. Having the opportunity to go abroad and see places that captured my imagination as a young boy gave me the realization that there's so much I can accomplish." The experience in Rome was transformative for Nathan. The next winter he traveled back to Italy to teach English as a Second Language in Milan. "I wouldn't have had that courage if I hadn't studied abroad to Rome." Nathan is finishing his liberal arts degree at Kirkwood this spring. Next, he will be obtaining his TEFL Certification and attending the University of Iowa for a degree in History and Secondary Education. Nathan hopes to return to Italy more permanently in the future. "I know that there's a world yet to explore and I aim to see as much of it as I can while doing what I've grown to love. Teaching!"

KIRKWOOD COMMUNITY COLLEGE

6301 Kirkwood Blvd. SW
Cedar Rapids, IA 52404
Ph. 319-398-5579
www.kirkwood.edu

GENERAL INFO

Iowa City

Community Resources

Have questions regarding the resources available to the community at the Iowa City Campus?

Please contact

Betty Adams, Center Coordinator
319-887-3610

betty.adams@kirkwood.edu

Contact us

Phone - 319-887-3658

Address: 1816 Lower Muscatine Rd., Iowa City, IA 52240

Hours

Monday - Thursday: 8 a.m. - 5 p.m.
Friday: 8 a.m. - Noon

International

Advisors at

Iowa City Campus

Schedule of dates advisors will be on Iowa City Campus

Feb 4— 11:00am— 4:00pm

Feb 5— 8:00am— 4:00pm

Feb 11— 11:00am— 4:00pm

Feb 12— 8:00am— 4:00pm

Feb 19— 8:00am— 4:00pm

Feb 25— 11:00am— 4:00pm

Feb 26— 8:00am— 4:00pm

A college library is a great place to come and study

We have both quiet study areas and group study rooms. Did your instructor ask you to use APA or MLA source citation? We can get you started! Want to borrow a book, magazine, or DVD? We've got them. Need to use a desktop, print or borrow a laptop? We're here to help. Come in person AND find many resources on our website <http://www.kirkwood.edu/library> Also find us on Facebook, Twitter, and YouTube. There are libraries in both Cedar Rapids and Iowa City. For current hours go to: <https://guides.kirkwood.edu/hours>.

Cedar Rapids

Info for Cedar Rapids City Bus Users

If you're waiting for the bus and wonder where it's at, simply go to Ridecrt.com. Click on the route number and an arrow will show exactly which street or intersection your bus is at.

Please remember, that you may ride the bus for **free** when you show your Kirkwood Eagle card.

Tax Forms Reminder

2019 Income Tax Forms for F1 Visa Students

All non-resident F1 visa holders are required to file both 1040NR and the 8843 forms. Even if you did not earn any wages, these forms still must be completed.

Go to: <http://www.irs.gov/pub/irs-pdf/f1040nr.pdf> and <http://www.irs.gov/pub/irs-pdf/f8843.pdf> to download and print the forms.

If you have any questions, please stop by 1154 Linn Hall, for assistance.

Join us to learn all about STEM

The STEM (Science, Technology, Engineering, Mathematics) Club is open to all students and it is run by students. We provide pizza at each meeting and do a fun group activity. It is a great way to meet students and get involved. You do not need to be a STEM major to come to the meetings. Check us out anytime! You can talk to any Math or Science instructor if you want more information.

Prayer Room for Students

Prayer Room is available Monday-Friday from noon to 2:00pm each day in Cedar Hall room 3041.

Mentor Families

If you are a new or continuing international visa student and are interested in finding a mentor family, contact Shannon Ingleby at 319-398-5293 in the International Programs office for information.

Kirkwood Alert

is an alert system that allows Kirkwood to contact you during an emergency by sending text messages to your: email accounts and cell phone, pager or smartphone.

To Sign up if you are not on the [Kirkwood Alert](#):
Or

[Kirkwood Alert](#) is powered by Cooper Notification's Roam Secure Alert Network

This application requires Cookies to be enabled. Please enable cookies before proceeding.