

# Belize: Nursing and Service Learning

**March 9 – 18, 2018 (Spring Break)**

## **The Course: GLS-120 Education Experience Abroad (3 credits)**

This Spring semester course is intended for Nursing and Pre-Nursing students. You will volunteer at local clinics and hospitals in Belize. This program is through a partnership with Kaya Responsible Travel which offers you a chance to experience the real world and make a difference. Pre-departure meetings will help prepare you for this service-learning program abroad. While abroad you will keep up a daily journal during the program to utilize for the final portfolio presented in the post-experience meeting.

## **The Destination: San Ignacio, Belize**

The program is based in San Ignacio and the surrounding communities. San Ignacio is located 2 hours from Belize City, along the Western Highway and is known locally as Cayo. The town and the surrounding communities contain a diverse mix of Creole, Mayan and Mestizo populations. San Ignacio is an attractive market town set among pleasant tropical hills. The friendly people of San Ignacio enable rich cultural exchange. On this project, you will work in rural communities close to San Ignacio. Nursing and Pre-nursing students have the opportunity to learn about healthcare in another country as well as provide nursing services at clinics and hospitals in the area.

## **The Experience Highlights:**

- Spend spring break volunteering in Belize
- Visit ancient ruins of Xunantunich (optional to tour on horseback)
- Stay in the Nefrey's Retreat volunteer guest house
- Learn about medicinal herbs and traditional medicine still used today
- Eat traditional Belizean foods
- Excursion to Actun Tunichil Muknal Mayan site

**"Studying abroad is an experience of a lifetime.  
You'll make so many memories and you'll expand  
your perspectives of other cultures."  
-Kirkwood student, 2017 program**



**Estimated Program Fee: \$3,650**  
**\$1,000 Global Advantage Scholarship available!**

### Includes:

Airfare  
Housing  
Most Meals  
Health Insurance  
Many Cultural  
Excursions  
In-Country Transit

### Does not include:

Tuition – 3 Spring credits  
Passport Fee  
Personal Expenses

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**[www.kirkwood.edu/studyabroad](http://www.kirkwood.edu/studyabroad)**

**International Programs  
1154 Linn Hall  
319-398-5579**



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#### Tentative Program Itinerary:

- Friday, March 9 Day (Day 1): Arrive in Belize City, Stay in Guesthouse in San Ignacio
- Saturday, March 10 (Day 2 ): Program Orientation, Meet local leaders, visit ancient ruins of Xunantunich, Dinner at volunteer house
- Sunday , March 12 – Friday, March 16<sup>th</sup> (Days 3-7) Volunteer at local clinics and hospitals, work with local experts in small groups, Medicinal Trail Tour on Friday guided by a local Belizean
- Saturday, March 17 (Day 8) : Excursion to to Tunichil Muknal and farewell dinner
- Sunday, March 18 (Day 9): Depart for the USA



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